



**Health History Form**

Patient Name: \_\_\_\_\_ DOB: \_\_/\_\_/\_\_\_\_

Age: \_\_\_\_\_ Today's Date: \_\_\_\_\_ Preferred Pharmacy: \_\_\_\_\_

Birth Sex:  Male  Female

Do you have a regular (Family) Doctor?  Yes  No If Yes, who? \_\_\_\_\_

With Whom Do You Live? \_\_\_\_\_ Any Pets?  Yes  No If Yes, Type? \_\_\_\_\_

<p><b>Gender Identity:</b></p> <input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> Trans: Female to Male <input type="checkbox"/> Trans: Male to Female <input type="checkbox"/> Genderqueer <input type="checkbox"/> Other: _____ <input type="checkbox"/> Decline to respond	<p><b>Sexual Orientation:</b></p> <input type="checkbox"/> Straight or heterosexual <input type="checkbox"/> Lesbian or gay <input type="checkbox"/> Bisexual <input type="checkbox"/> Other <input type="checkbox"/> Don't know <input type="checkbox"/> Decline to respond
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**Medications** (include supplements, inhalers, birth control and over the counter medications):

Name	Strength	How often?

Latex Allergy?  Yes  No

**Allergies** (especially medications, specify reaction):

\_\_\_\_\_

**Past Surgical History** (please include year):

Appendectomy	Gall Bladder Removal	Tonsillectomy
Hernia Repair	Hysterectomy	Mastectomy
Ovaries	Pacemaker	Heart Stents
Tubal Ligation	Cystoscopy	D&C
LEEP	Salpingectomy	Endometrial Ablation
Anterior (Bladder) Repair	Posterior (Bowel) Repair	TOT
Hysteroscopy		

List of other surgical history



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### Trauma, Hospitalizations, or Serious Illnesses:

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\*Have you seen other medical providers for routine or specialty care?  Yes  No

1. Provider Name:	Date:	Seen for:
2. Provider Name:	Date:	Seen for:
3. Provider Name:	Date:	Seen for:
4. Provider Name:	Date:	Seen for:

\*The care team will ask you to sign a release so we may obtain your records from these providers. Access to these records ensures we can give you the best care possible.

### Health Hazards (quantity, frequency, and duration of use):

Alcohol:  Yes  No If yes, how often? \_\_\_\_\_

\*\*Tobacco:  Yes  No If yes, how often? \_\_\_\_\_ What substance(s)? \_\_\_\_\_

\*\*If you do not use tobacco now, have you in the past?  Yes  No | When did you quit? \_\_\_\_\_

Marijuana  Yes  No If yes, how often? \_\_\_\_\_

Caffeine:  Yes  No If yes, how often? \_\_\_\_\_

Drugs:  Yes  No If yes, how often? \_\_\_\_\_ What substance(s)? \_\_\_\_\_

Vape:  Yes  No If yes, how often? \_\_\_\_\_

Occupational Concerns (Work Exposure): Your Occupation (Current or former): \_\_\_\_\_

Job Status:  Active  Retired

### Menstrual History:

Age of First Menstrual Period: \_\_\_\_\_

Last Menstrual Period: \_\_\_\_\_

Interval of cycle (start one period to start of next) \_\_\_\_\_

Duration (# of days of bleeding) \_\_\_\_\_

Usual Flow:  Light  Moderate  Heavy

Pain:  None  Mild  Moderate  Severe

Spotting/Bleeding between periods?  No  Yes

Sanitary Protection?  Pads  Tampons  Both  Menstrual Cup

Any previous abnormal PAPS?  Yes  No

Current Method of Birth Control \_\_\_\_\_ Problems? \_\_\_\_\_

Prior Method of Birth Control \_\_\_\_\_ Problems? \_\_\_\_\_



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**Sexual History:**

Sexually active?  Yes  Not Currently  Never  
 Any problems with sex life?  Yes  No  
 # of Sex partners (in your lifetime) \_\_\_\_\_  
 Age at first intercourse? \_\_\_\_\_

**Bladder History:**

Any problem with leakage or bladder control?  Yes  No

**Screenings/ Tests: Have you had any of the following?**

Colonoscopy:  Yes/Date: \_\_\_\_\_/\_\_\_\_\_  No  
 Recent Labs:  Yes/Date: \_\_\_\_\_/\_\_\_\_\_  No  
 Bone Density:  Yes/Date: \_\_\_\_\_/\_\_\_\_\_  No  
 Mammogram:  Yes/Date: \_\_\_\_\_/\_\_\_\_\_  No  
 Pap Smear:  Yes/Date: \_\_\_\_\_/\_\_\_\_\_  No

**Pregnancies: (including miscarriages, abortions & tubal pregnancies)**

Number	Year	Sex	Weight	Complications Fetal & Maternal	Vag./C-Section/ Miscarriage	Health (child)
1						
2						
3						
4						
5						
6						



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Medical History: (Please circle which problem applies)

Personal Medical History			Family Medical History		
Yes	No	Medical Problem	Yes	No	Relationship
		Diabetes Mellitus			
		Hypertension (High Blood Pressure)			
		Hyperlipidemia (High Cholesterol)			
		Heart Disease (Heart Murmur, Heart Attack, Angina)			
		Blood Transfusions			
		Asthma			
		Blood clots in legs or lungs			
		Liver disease (Hepatitis, Jaundice)			
		Seizure, stroke, Migraines			
		Mental Illness (Depression, Anxiety)			
		Abdominal Problems (Peptic Ulcer, Reflux, Colitis, Pancreatitis, Gallbladder)			
		Kidney Stones, Urinary Tract Ailments			
		Anemia, Sickle Cell, Clotting disorder			
		Arthritis			
		Thyroid disease			
		Cancer – What type? _____			
		Gonorrhea/ Chlamydia/PID			
		HPV/Genital Warts/ Herpes/ Syphilis			
		Uterine Fibroids			
		Endometriosis			
		MRSA			
		Other:			